



## EXECUTIVE HEALTH WALK AND RETREAT

PACKAGE FEE: NAIRA: #100,000

DOLLAR: \$600

POUND STERLING: GBP 400

This include:

- Breakfast, Lunch and Dinner
- Paper presentation and handouts
- Health talk facilities
- Addidas track Suite
- T-Shirts
- Cap and Towel
- Medical examination and Consultancy
- Body Mass Index (BMI)
- Blood Pressure
- Blood Sugar
- Cholesterol / Lipid Profile
- E C G (Special Request)
- Cocktail Party at Transcop Hilton
- VAT and TAX